HERITAGE
International School

THE INTERNATIONAL HERITAGE HERALD

May 1, 2020

THOUGHT FOR THE WEEK

"As full of spirit as the month of May, and as gorgeous as the sun in Midsummer"

William Shakespeare

GENERAL

Notes from the Lighthouse

"In three words I can sum up everything I know about life. It goes on"

Robert Frost

I kept seeing the Frost quote this past week, normally most people know the lines from his famous poem "The Road not taken" and the lines "I shall be telling this with a sigh, Somewhere ages and ages hence: Two roads diverged in a wood, and I— I took the one less traveled by, And that has made all the difference". It appeared to many people, as we returned back to the DLP on Monday after the Spring/Easter week, with only five weeks left until the end of the academic year, that life is very much going on, especially as we are getting closer to two months as a school community learning this way under the lockdown. The "new normal" is

now just the normal and the routines of the school day, the classroom, the way we hold a school week with regular assemblies, briefings, staff meetings, Monday greetings, Friday bulletins, makes clear that life goes on. But we are still in the midst of an unprecedented global pandemic health crisis with no vaccine in sight, no clear way for any government or society to follow a certain route other than everyone trying to make wise decisions and lead communities. Some countries across Europe and Asia, are already starting to lift some restrictions on society and the experience of Denmark is worth a read. New Zealand, and Prime Minister Jacinda Arden, declared they were now coronavirus free but cautioned that it could still return and again, another interesting case study for the whole World to look at not least the model and example of leadership. In our own country, Prime Minister Chicu, announced the lifting of some restrictions on certain shops and the public could use outdoor spaces in a limited and safe way. This is to be welcomed but again with a note of caution as any temporary gains made in slowing down the spread will be lost if we try to go back to "normal" too soon and examples in cities in China and Singapore illustrate this clearly.

The mental health and wellbeing of our young people especially has been at the forefront of my mind constantly as both a parent of three daughters and an educator. These small things we took so much for granted before March, are now so precious and I wrote to all students last Friday to let them know we are all in their corner as we get through the next few weeks of the end of the academic year. My assembly this week to Gymnasium also looked at the idea of us valuing our precious lives. The "good" we all hope will come from this crisis and rethink about what our relentless economic activity is doing to damage the planet and our finite resources. We shouldn't forget at all the key workers who the phrase "life goes on" would sound almost flippant as our health workers confront daily the reality of this crisis with the number of cases and our shopworkers don't have the luxury of "Stay Home" as they put themselves at risk to make sure we have food and water in our shops to keep us all going. We may even see this return in the autumn/fall if we manage to see this subside over the summer, but at least we are prepared this time for such a crisis and I return to the point again how proud I am of the Herculan work of our teachers, whose workload has doubled to teach in this way but they have continued daily now for nearly two months in their own homes with their own families too making sure we continue quality learning, routines, meaningful interactions and to provide the certainty of education in these times. It is a privilege to be in the same team as these people.

I was asked to be the first guest speaker at an interesting online global education conference last week with Indian and Asian school leaders, academics and policy makers, looking at how this changes schools and what happens next as we plan the return to school and the next academic year with the threat of an outbreak again and a vaccine still a year away. Please don't drink disinfectant! This wasn't quite as fun as reading to children across Moldova on Tuesday for a brilliant META idea as I sharpened my best Bristolian pirate accent from my adopted native city in the UK and tried to bring Long John Silver alive through the classic "Treasure Island". Back to the conference and you can catch my opening on the YouTube clip link here. Apart from speaking about how we didn't wait around for someone to tell us what to do in the crisis and all of us as a community knew we had to continue school in a meaningful form for the foreseeable future, I also praised the national education community's response here in Moldova and our contribution to this as a school, especially when you contrast this

with countries like the UK and USA. The main point I emphasised was that we wouldn't necessarily see the dramatic flipped education system some have speculated about and if anything we have seen only how integrated and necessary our technology and digital capabilities need to be for learning and our society in the 2020s. But digital learning is only a means, like numeracy and literacy. What we have all come to realise is that the robot armies of teachers for the future are still on the pages of Sci-Fi and the very physicality of our daily interactions and coming to a special place called a school for leaning in a class full of friends, the real interactions with a teacher, the ability to run outside or eat lunch in the canteen (I really miss school soup) are what makes up our learning experience and gives us our positive sense of wellbeing and it is how we grow and develop into young adults.

To return to Frost and taking the road less travelled. In May it has been a year since I started at Heritage International School and it certainly has been a year full of challenge, excitement, achievement and joy as together, as a school community, we continue to bring to reality the purpose of our school and its mission as we prepare our young people for the challenges of the future as confident and balanced global citizens. I had a look again at the incredible richness of the Founders' Lecture series as an example to see what we are making a reality here constantly. We are giving our remarkable young people the confidence, security, the challenge, the examples and space to grow into the future leaders we so desperately need to solve the problems that are still there long after we have moved on from this crisis and we have nostalgic lockdown memory events. Life does go on and as a school we certainly will continue to define our education for the 2020s on a path less travelled, and that will make all the difference.

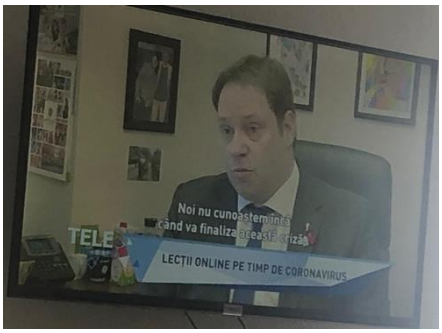
Rob Ford, Director.

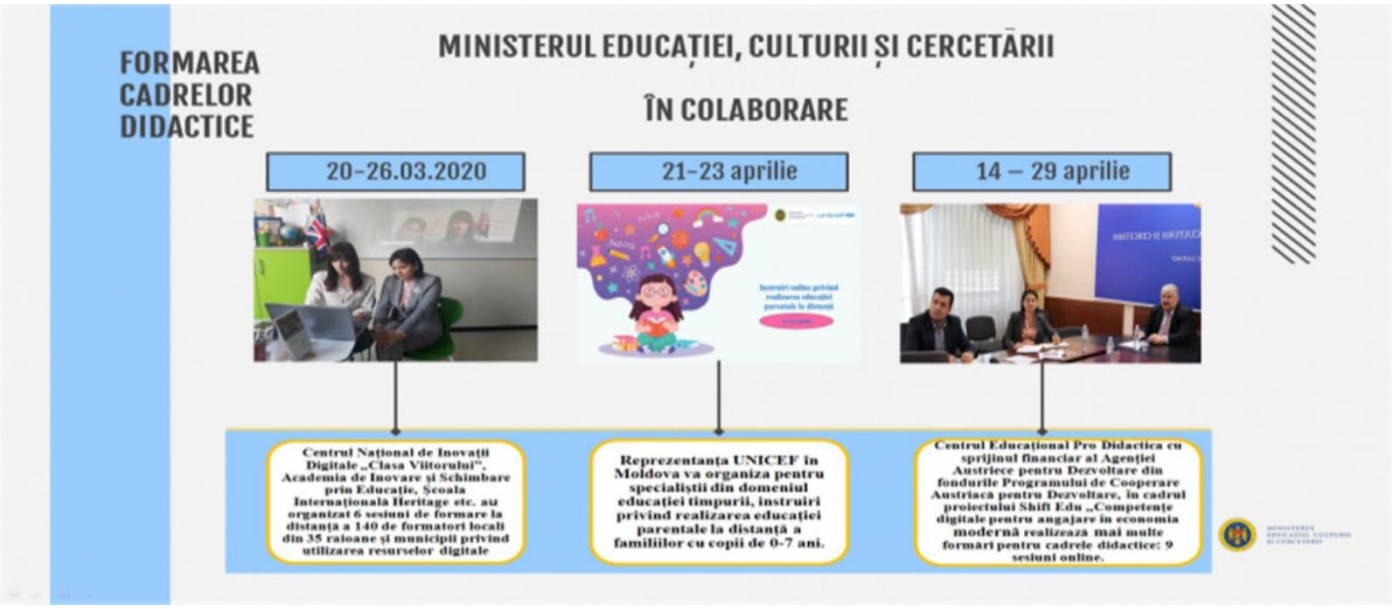
Heritage in the media:

Director, Rob Ford, was the opening speaker at a global online conference on the 19th April, to share the experience of Heritage and Moldova and look to what has changed for the future. The director's talk is at 16mins-21mins:
https://www.youtube.com/watch?v=WxdehLvVNUU

Director Rob Ford, helped launch a brilliant new scheme by META (Moldovan English Teaching Association) to read books live to children across Moldova. He polished up his adopted home city of Bristol's pirate accent to read "Treasure Island" and do a half decent Long John Silver. Oor ahh mateys!

The Ministry of Education shared this on their official social media sites recognising the instrumental and valuable work of Heritage in changing the mind set, sharing and establishing distance learning as a solution for the national education community.Heritage's DLP and approach to education was on the national news last week:





The Inaugural Founders'' Lecture Series 2019-20:
On behalf of the school Founders, Mrs. Natalia and Mr. Sinan, and the school community, want to thank you so much all our speakers for the time and powerful contributions to our students this academic year. Our students have benefited from an incredibly rich range of topics and speaker experience to ensure they are given access to the wider World and their education is not taught in abstract and in a narrow curriculum. That we are preparing them to meet the very real challenges of the future. Ironically and fittingly in the lockdown, our 10th and final lecture from Cristina was live and online.

We look forward to the 2nd Founders' Lecture series in September 2020-21 and we are always looking for good speakers. For the 2020-21 series, a further development is we want to invite our colleagues from schools in Moldova to be able to benefit from the series as we all play a part and support our national education community at Heritage International School, as we all are now in this crisis.
http://www.heritage.md/en/news/outstanding-speakers-and-important-topics-in-the-founders-lecture-series-2019-2020/

The Heritage Globe
Our Student Newspaper: for students and by students
Read it here:
https://sites.google.com/heritage.md/heritage-globe/home
(see archive link for previous editions)

FAQs

Q1: Are there any plans for clubs to return in any form?

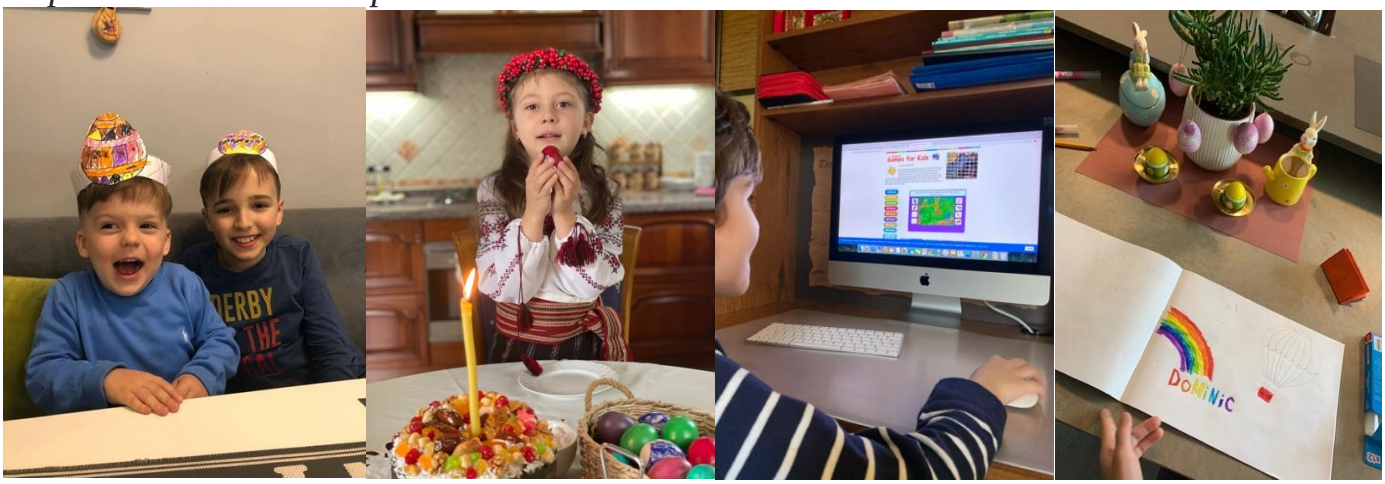
A1: We have seen the return of the Student Councils, both in Primary and Gymnasium, the Model United Nations with Mrs Lynda and a new club, Heritage Minecraft Club, who are building the school in Minecraft. We are also looking at a return of the Chess Club for both schools. There is no plan to return to the full clubs programme for the last 4 weeks because of the time, demands and online nature of the DLP but we have responded when students have requested the initiative.

Q2: What is the final week of term going to look like?

A2: We want to celebrate the end of our third academic year, with our International Week as we have done previously by celebrating all our nationalities and to ensure we close the academic year feeling positive and to remember what has been an extraordinary year in the life of the school. It is more than certain that we will still not be in school for the last week and we are planning our last week around this.

Q3: What plans are there for parents' meetings?

A3: Grade 8 are due there IGCSE options evening with parents and staff in mid May and Mrs Rosie and Mrs Inga will send out details next week. Mrs Olesea is holding a series of small parent support meetings in the next few weeks and details are to follow. Parents are meeting online with the administration and tutors/teachers daily and the difficulty of a mass Google Meet with 350 sets of parents has been considered but the school under the DLP has kept normal communications flowing and issues that arise or questions parents have are responded to as soon as possible.



Our Bright Shine students :

Spring Activitie/Learning OtherWise Week.

Appreciate amazing work of our students! They are awesome!

Travel Day: World Without Walls
https://padlet.com/info6079/dpmd5f1a32yjpke5
Earth Day: Be Cool, Be Green
https:/ /padlet.com/info6079/d7o86ed9fjsq00pw
Science Day: New Discoveries Await Us
https://padlet.com/info6079/khyw2w79qhvcxwks
Arts Day: Discover Your Talent and Creativity
https://padlet.com/info6079/nkav1i6hdibfj0pg

StoryJumper Books by 4A students
https://www.storyjumper.com/go/vargvhpbjnse

StoryJumper Books by 2A and 4A students
https://www.storyjumper.com/go/qiahkycvievu

Heritage Virtual Choir
https://www.facebook.com/heritage.moldova/videos/233233497782655

Earth Day every day!

Written by the Student Council Eco Committee: Gabriela Taran, Mariella Caraus, and Gesica Sirbu

Why do we need an eco-friendly environment?

The world we live in gives us signs that it is time to change the way we look at our environment! In the past few years, our ecosystem got worse, billions of trash materials were thrown in the ocean, pollution is happening in every single part of the world, people being indifferent, this all led to the most significant issue, Global Warming.

In order to be able to travel from country to country, to discover the world's wonders, we need to understand why it is essential to have an eco-friendly environment. The main reason is to be healthy. Being able to breathe fresh and clean air helps to live longer and be in harmony with nature. Eating healthy food without pesticides is important for everyone. Having to eat and to enjoy a naturally grown fruit or vegetable will improve your body's health. Swimming in clean rivers, seas, oceans, is the most pleasing experience everyone has gone through, but unfortunately, there are many more places with polluted beaches than clean ones.

Lastly, being able to see the wonders of the world and to be thankful for the world we live in and protect it.

What can we do to improve the environment?

Regardless of whether you've decided to go green to help the environment, to save money, or see how easy it is, every step you take towards eco-friendly living is one that helps the state of the world.

If you're just starting and want some sustainable living ideas, then here are a couple to get you started:

1. *Use Canvas Bags Instead Of Plastic.*
2. *Start A Compost Pile Or Bin.*
3. *Purchase The Right Light Bulb.*
4. *Choose Cloth Over Paper.*
5. *Cut Down On Energy In Your Home.*
6. *Invest in eco-friendly technology*
7. *Don't waste food*
8. *Use eco-friendly cleaning products*
9. *Plant some trees*
10. *Fix it, don't throw it*

What do we do here at Heritage International School?

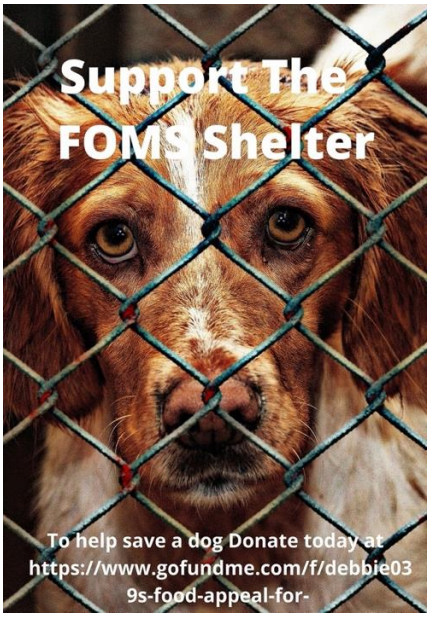
Heritage International School teachers and scholars respect and care for our Earth. They are determined to set an excellent example for other individuals and schools by becoming a safe, healthy, and eco-friendly environment.

Last year, the teachers and students have all worked together and collaborated in reducing all the plastic cups in the school; it was a great success and eventually led to getting rid of all of the plastic cups. Besides, we also encouraged our Heritage members to obtain an eco-friendly, reusable water bottle for daily use. From then on, we began to reduce other harmful materials from our school as well.

This year, the students from Heritage International School are motivated to continue and do much more for our environment! We, the members of the Student Council Eco Committee, are putting a lot of effort and hard work in having many scholars take part in our projects and improving our current state in our school and environment. We have launched our first project, bins designed for paper, which will be taken to the nearest recycling center in Chisinau.

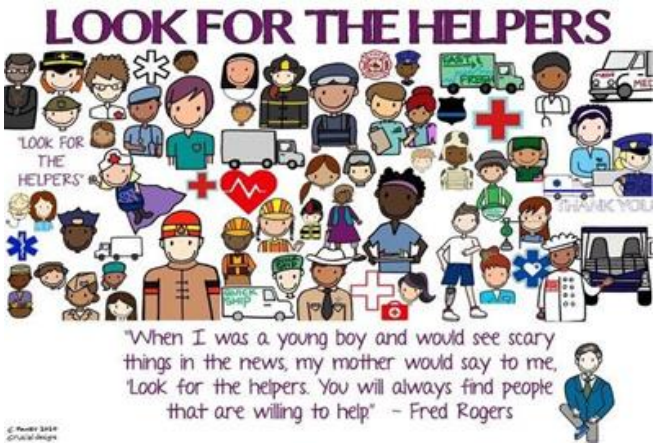
For the future of our school, we have developed many ideas and projects which will soon be launched, such as bins for reducing plastic, a meeting/assembly with noteworthy individuals aiming to inform, persuade, and encourage to help improve our beautiful Earth.

Urgent appeal for dog shelter in Moldova *we support as a school community as part of our social responsibility to help buy food supplies to feed the 250 dogs/puppies and 50 cats that live at the Areal Stray Dog Rescue Shelter:*
https://www.gofundme.com/f/debbie039s-food-appeal-for-areal-stray-dog-rescue



Interesting related articles:

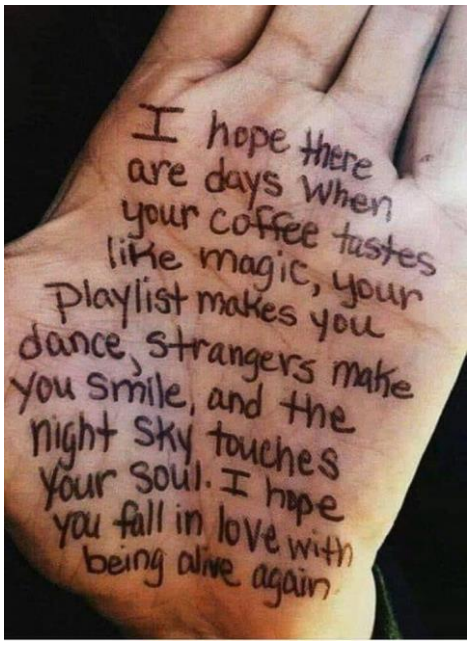
Two months of lockdown and closed schools in Italy.
https://www.theguardian.com/education/2020/apr/24/italy-home-schooling-coronavirus-lockdown-what-weve-learned



Why going without physical contact is hard
https://www.bbc.com/news/uk-52279411

The Globe Theatre is offering free online plays - link here:
https://www.shakespearesglobe.com/watch/

Artists Are Hunkered Down, but Still Nurturing Their Inner Visions - NYT
https://www.nytimes.com/2020/04/21/arts/design/art-during-coronavirus.html



Four easy and tasty recipes for adults and children
https://www.theguardian.com/food/2020/apr/25/four-quick-and-easy-recipes-for-adults-and-children-alike

17 Famous Art Museums You Can Visit from Your Living Room
https://www.weareteachers.com/virtual-museum-tours/

Animals return to cities silenced by coronavirus
https://www.rferl.org/a/animals-return-to-cities-silenced-by-coronavirus-lockdowns/30570599.html

Planet Ebooks - free downloads to any device of some of the greatest works of literature. Great when libraries and bookshops are closed
https://www.planetebook.com/

30 Great Educational Disney+ Shows
https://www.weareteachers.com/educational-disney-plus-shows/

How lockdown life is testing parents and ways to protect your mental energy
https://www.washingtonpost.com/lifestyle/2020/04/27/life-lockdown-is-testing-parents-bandwidth-heres-how-protect-your-mental-energy/

Welcome to Earth School! A month of daily adventures – or Quests – that will help you understand and celebrate our natural world, while learning about how dependent we are on our planet. So join to learn something amazing every weekday between Earth Day (April 22nd) and World Environment Day (June 5th).
https://ed.ted.com/earth-school

Non-screen activities you can do at home

Pobble

25 ideas!

What can you do when there's no school and you're stuck at home? Here are 25 fun ideas to choose from.

1 How many different words can you make from the letters in this sentence, below? Grab a pencil and paper and write a list!

'Learning from home is fun'

2 Thank a community hero. Think of someone that helps you in some way and write a short letter to thank them.

Thanks!

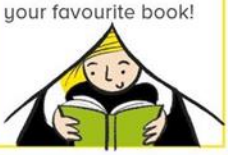
3 Get building! You could build a Lego model, a tower of playing cards or something else!

4 Can you create your own secret code? You could use letters, numbers, pictures or something else! Can you get someone else to try and crack it?

5 Start a nature diary. Look out of the window each day and keep note of what you see. Birds, flowers, changes in the weather, what else?

6 Hold a photo session. Use a camera or a mobile phone to take some snaps. What will you photograph? Your pets or toys perhaps?

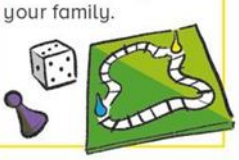
7 Build a reading den. Find somewhere cosy, snuggle up and read your favourite book!



8 Use an old sock to create a puppet. Can you put on a puppet show for someone?

9 Make a list of all the electrical items in each room of your home. Can you come up with any ideas to use less electricity?

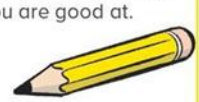
10 Design and make a homemade board game and play it with your family.



11 Do something kind for someone. Can you pay them a compliment, make them something or help them with a task?

12 Can you create a story bag? Find a bag and collect items to go in it that relate to a well known story. If you can't find an item, you could draw a picture to include.

13 List making! Write a list of things that make you happy, things you're grateful for or things you are good at.



14 Design and make an obstacle course at home or in the garden. How fast can you complete it?

15 Can you invent something new? Perhaps a gadget or something to help people? Draw a picture or write a description.

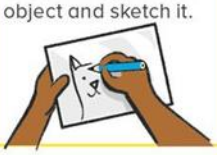
16 Keep moving! Make up a dance routine to your favourite song.

17 Write a play script. Can you act it out to other people?

18 Read out loud to someone. Remember to read with expression.

19 Write a song or rap about your favourite subject.

20 Get sketching! Find a photograph or picture of a person, place or object and sketch it.



21 Junk modelling! Collect and recycle materials such as yoghurt pots, toilet rolls and boxes and see what you can create with them.

22 Draw a map of your local area and highlight interesting landmarks.

23 Write a postcard to your teacher. Can you tell them what you like most about their class?

24 Draw a view. Look out of your window and draw what you see.

25 Get reading! What would you most like to learn about? Can you find out more about it in books? Can you find a new hobby?

Pobble.com – More writing. More progress.

studentcouncilheritage

Weekend Craft with Natalia and Anastasia

Primary *Decorative Fish*	*Primary* *Ladybug*
Secondary *Abstract Art*	*Secondary* *Coffee Picture*

UPCOMING EVENTS

4th-8th May,2020	***Heritage Sports Week***
11th-15th May,2020	***Heritage Chess Championship***
15th May,2020	***Family Day***
25th-29th May,2020	***International Week***
29th May, 2020	***Heritage International Day***

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